RECOMMANDATIONS IMPORTANTES A LIRE POUR ACTIVER LES REMBOURSEMENTS ET EVITER LES REJETS

Conditions générales :

- Le cadre réservé à l'adhérent doit être dûment renseigné.
- Le cadre réservé au médecin doit être renseigné par le praticien lui-même notamment la nature de la maladie.
- La validité de la feuille de soins est limitée à 3 mois à compter de la première consultation.
- L'entente préalable est exigée pour toute hospitalisation médicale, chirurgicale, soins dentaires spéciaux, extractions multiples, parodontie orthodontie, prothèses dentaires, prothèses auditives ou orthopédiques ainsi que pour tous les actes effectués en série.
- En cas d'accident, une déclaration précisant les causes et circonstances de l'accident est à joindre à la feuille de soins.

Pharmacie :

- Les vignettes des médicaments doivent être obligatoirement jointes aux ordonnances.
- Pour les médicaments sans vignettes une facture de la pharmacie doit être jointe.

Radiologie et Biologie :

- La facture ainsi qu'une copie des résultats des analyses ou du compte rendu (sous pli confidentiel) doivent être jointes à l'ordonnance médicale pour toute demande de remboursement.
- Un pli confidentiel du médecin prescripteur des analyses ou radios peut être demandé par le médecin conseil de la mutuelle.

Optique :

- L'ordonnance du médecin prescripteur et la facture de l'opticien sont à joindre à la feuille de soins.

Rééducation :

- L'entente préalable renseignée par le médecin prescripteur est exigée avant le début des séances de rééducations.
- Pour le remboursement, la facture et le calendrier des séances effectuées sont à joindre à la feuille de soins.

Dentaire :

- En cas de prothèses ou de traitement canalaires, l'accord préalable renseigné sur la feuille de soins est obligatoire avant le début de traitement.
- La facture doit être jointe à la feuille de soins pour toute demande de remboursement.
- La radio-après soins est obligatoire en cas de prothèses ou de traitement canalaires.

Maladie et Affection Longue Durée ALD et ALC :

- La déclaration de maladie chronique doit être renseignée par le médecin prescripteur et renouvelée tous les 6 mois.

Adresses Mails utiles

- Réclamation : contact@mupras.com
- Prise en charge : pec@mupras.com
- Adhésion et changement de statut : adhesion@mupras.com

MUPRAS : Centre Allal Ben Abdellah - 6ème Etage Angle Rue Mohamed Fakir et Rue Allal Ben Abdellah - Quartier de l'Horloge Casablanca 20000 - Tél. : 05 22 20 45 45 (LG) - Fax : 05 22 22 78 18 - www.mupras.com

Autorisation CNDP N° : A-A-215 /2019

MUPRAS
Mutuelle de Prévoyance & d'Actions Sociales de Royal Air Maroc

Déclaration de Maladie

M23-002106

☐ **Maladie** ☐ **Dentaire** ☐ **Optique** ☐ **Autres**

Cadre réservé à l'adhérent (e)

Matricule : 1551 Société : ....

☐ Actif ☐ Pensionné(e) ☐ Autre : ....

Nom & Prénom : J'RANIS Hana

Date de naissance : ....

Adresse : 160891

....

Tél. : .... Total des frais engagés : .... Dhs

Cadre réservé au Médecin

Cachet du médecin : Médecin remplaçant Dr. Zineb DEBBARH Rhumatologue E-Mail: debbarh.zineb@hotmail.fr

Date de consultation : 14 / 04 / 2023

Nom et prénom du malade : J'RANI HEMA Age: ....

Lien de parenté : ☐ Lui-même ☐ Conjoint ☐ Enfant

Nature de la maladie : ....

Affection longue durée ou chronique : ☐ ALD ☐ ALC Pathologie : ....

En cas d'accident préciser les causes et circonstances : ....

Dans le cas où la maladie aurait un caractère confidentiel, communiquer les renseignements sous pli confidentiel à l'attention du médecin conseil de la Mutuelle.

MUPRAS 16 MAI 2023 ACCUEIL

J'atteste sur l'honneur l'exactitude des renseignements portés sur la présente déclaration. Je déclare avoir pris connaissance de la clause relative à la protection des données personnelles.

Fait à : .... Le : .... / .... / ....

[redacted] l'adhérent(e) : ....

[redacted]

RELEVE DES FRAIS ET HONORAIRES

Dates des Actes	Natures des Actes	Nombre et Cœfficient	Montant détaillé des Honoraires	Cachet et signature du Médecin attestant le Paiement des Actes
14/04/2023	CS		200,00	Médecin remplaçant Dr. Zineb DEBBARH Rhumatologue E-Mail:debbahzineb@hotmail.fr

EXECUTION DES ORDONNANCES

Cachet du Pharmacien ou du Fournisseur	Date	Montant de la Facture
PHARMACIE SKIBA SARL AU Dr. en Pharmacie 95 Av. Oued Eddahab, Jamila V Tél. 0522 37 32 39 Casablanca	14/04/23	888,00

ANALYSES - RADIOGRAPHIES

Cachet et signature du Laboratoire et du Radiologue	Date	Désignation des Cœfficients	Montant des Honoraires

AUXILIAIRES MEDICAUX

Cachet et signature du Praticien	Date des Soins	Nombre				Montant détaillé des Honoraires
		A M	P C	I M	I V	

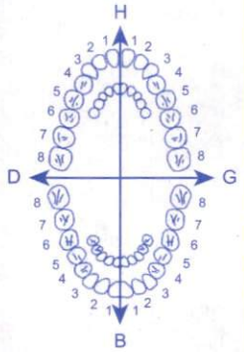
[redacted]

RELEVE DES FRAIS ET HONORAIRES

Le praticien est prié de préciser la dent traitée, l'acte pratiqué en indiquant la nature des soins.

Important :
Veuillez joindre les radiographies en cas de prothèses ou de traitement canalaires, ainsi que le bilan de l'ODF.

SOINS DENTAIRES	Dents Traitées	Nature des Soins	Cœfficient



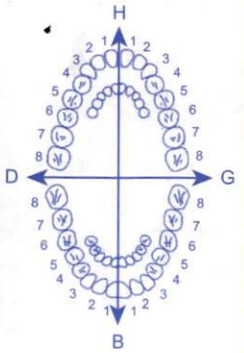
CŒFFICIENT DES TRAVAUX

MONTANTS DES SOINS

DEBUT D'EXECUTION

FIN D'EXECUTION

O.D.F PROTHESES DENTAIRES



DETERMINATION DU CŒFFICIENT MASTICATOIRE

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(Création, remont, adjonction)
Fonctionnel, Thérapeutique, nécessaire à la profession

CŒFFICIENT DES TRAVAUX

MONTANTS DES SOINS

DATE DU DEVIS

DATE DE L'EXECUTION

VISA ET CACHET DU PRATICIEN ATTESTANT LE DEVIS

VISA ET CACHET DU PRATICIEN ATTESTANT L'EXECUTION

Dr. Salah Eddine Maâroufi
CES de RHUMATOLOGIE
Médecine Manuelle et Osteopathie
Echographie, Osteoarticulaire
Rhumatisme, Maladies des os,
des Articulations, de la colonne vertébrale,
des muscles et des pieds
Diplômé de la faculté de
Medecine de Marseille
Ex. Attaché au C.H.U de Montpellier

الدكتور صلاح الدين المعروفي
خريج كلية الطب بمرسيليا
ملحق سابق بمستشفيات مونبوليي
إختصاصي في أمراض العظام، المفاصل
العمود الفقري، العضلات و الأرجل
علاج العمود الفقري و المفاصل
بالتطبيب اليدوي
الفحص بالصدى للجهاز الحركي

Casablanca, le: 14/04/2023

Mme Jirani Hend

144.30
1/ Isox 200

1 cp/j au repas x 02 à 03 j
en cas de crise douloureuse
24.40x12
(au besoin)

2/ Levotyrox 100 mg
1 cp/j x 3 mois
2026
3/ Amep 10 mg
1 cp/j au matin

887.30

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نشرة: معلومات الاستعمال

ليفوتيروكس® قرص قابل للقطع

ليفوتيروكسين صودي، عن طريق الفم

.يجب قراءة هذه النشرة بكاملها بانتباه قبل استعمال هذا الدواء. لأنها تحتوي على معلومات هامة بالنسبة لك

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الاشتراك بين ليفوتيروكس مع مضادات الغدة الدرقية في علاج فرط التدرق لا يشار إليه خلال فترة الحمل. في الواقع، ليفوتيروكس يجتاز قليلا جدا حاجز المشيمة، في حين مضادات الغدة الدرقية تجتازها بسهولة. لهذا قد يؤدي إلى خطورة حدوث قصور الغدة الدرقية عند الجنين.

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الاشتراك بين ليفوتيروكس مع مضادات الغدة الدرقية في علاج فرط التدرق لا يشار إليه خلال فترة الحمل. في الواقع، ليفوتيروكس يجتاز قليلا جدا حاجز المشيمة، في حين مضادات الغدة الدرقية تجتازها بسهولة. لهذا قد يؤدي إلى خطورة حدوث قصور الغدة الدرقية عند الجنين.

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MERCK

نشرة: معلومات الاستعمال

ليفوتيروكس® قرص قابل للقطع

ليفوتيروكسين صودي، عن طريق الفم

.يجب قراءة هذه النشرة بكاملها بانتباه قبل استعمال هذا الدواء. لأنها تحتوي على معلومات هامة بالنسبة لك

- احتفظ بهذه النشرة، فقد تحتاج لقراءتها من جديد
- إذا كانت لديك أسئلة أخرى، اسأل طبيبك أو صيدليك
- وصف لك هذا الدواء شخصيا. لا تعطيه لأحد سواك، حتى و لو كانت لديه نفس الأعراض التي لديك، لأن ذلك قد يسبب له الضرر
- إذا كنت تواجه أي آثار جانبية، تحدث مع طبيبك أو صيدليك. وهذا ينطبق أيضا على أي من الآثار الجانبية المحتملة غير المذكورة في هذه النشر انظر الفقرة 4

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The safety of amlodipine in human pregnancy has not been established. If you think you might be pregnant, or are planning to get pregnant, you must tell your doctor before you take AMEP®.

Breast-feeding:

It has been shown that amlodipine is passing into breast milk in small amounts. If you are breast-feeding or about to start breast-feeding you must tell your doctor before taking AMEP®.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

The possible effects on the ability to drive and use machines

AMEP® may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Notices relating to excipients with known effect

Not applicable.

3. How to take AMEP® tablets?

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended initial dose of AMEP® is de 5 mg once daily. The dose can be increased to 10 mg of AMEP® once daily.

This medicine can be used before or after the consumption of food and drinks. You should take this medicine at the same time each day with a drink of water. Do not take AMEP® with grapefruit juice.

Use by children and adolescents

For children and adolescents (6-17 years old), the recommended usual starting dose is 2.5mg a day. The maximum recommended dose is 5 mg a day. The tablets of AMEP® 2.5 mg are not currently available.

It is important to keep taking the tablets. Do not wait until your tablets are finished before seeing your doctor.

If you take more AMEP® tablets than you should:

Taking too many tablets may cause your blood pressure to become low or even dangerously low. You may feel dizzy, lightheaded, faint or weak. If blood pressure drop is severe enough shock can occur. Your skin could feel cool and clammy and you could lose consciousness. Seek immediate medical attention if you take too many AMEP®.

If you forget to take AMEP® tablets:

Do not worry. If you forget to take a tablet, leave out that dose completely. Take your next dose at the right time. Do not take a double dose to make up for a forgotten dose.

If you stop taking AMEP® tablets:

Your doctor will advise you how long to take this medicine. Your condition may return if you stop using this medicine before you are advised.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. What are the possible side effects?

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Visit your doctor immediately if you experience any of the following side effects after taking this medicine.

- Sudden wheeziness, chest pain, shortness of breath or difficulty in breathing
- Swelling of eyelids, face or lips
- Swelling of the tongue and throat which causes great difficulty breathing
- Severe skin reactions including intense skin rash, hives, reddening of the skin over your whole body, severe itching, blistering, peeling and swelling of the skin, inflammation of mucous membranes (Stevens-Johnson Syndrome, toxic epidermal necrolysis) or other allergic reactions.
- Heart attack, abnormal heart beat.
- Inflamed pancreas which may cause severe abdominal and back pain accompanied with feeling very unwell.

The following very common side effect has been reported. If this causes you problems or if it lasts for more than one week, you should contact your doctor.

Very common side effects: may affect more than 1 in 10 people

- Oedema (fluid retention)

The following common side effects have been reported. If any of these cause you problems or if they last for more than one week, you should contact your doctor.

Common side effects: may affect up to 1 in 10 people

- Headache, dizziness, sleepiness (especially at the beginning of treatment)
- Palpitations (awareness of your heart beat), flushing
- Abdominal pain, nausea
- Altered bowel habits, diarrhea, constipation, indigestion
- Tiredness, weakness
- Visual disturbances, double vision
- Muscle cramps
- Ankle swelling

Other side effects that have been reported include the following list. If any of these get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Uncommon side effects: may affect up to 1 in 100 people

- Mood changes, anxiety, depression, sleeplessness
- Trembling, taste abnormalities, fainting
- Numbness or tingling sensation in your limbs, loss of pain sensation
- Ringing in the ears
- Low blood pressure
- Sneezing and running nose caused by inflammation of the lining of the nose (rhiniti
- Cough
- Dry mouth, vomiting (being sick)
- Hair loss, increased sweating, itchy skin, red patches on skin, skin discoloration
- Disorder in passing urine, increased need to urinate at night, increased number of times of passing urine
- Inability to obtain an erection, discomfort or enlargement of the breasts in men
- Pain, feeling unwell
- Joint or muscle pain, back pain
- Weight increase or decrease

Rare side effects: may affect up to 1 in 1 000 people

- Confusion

Very rare side effects: may affect up to 1 in 10 000 people

- Decreased numbers of white blood cells, decrease in blood platelets which may result in unusual bruising or easy bleeding
- Excess sugar in blood (hyperglycaemia)
- A disorder of the nerves which can cause muscular weakness, tingling or numbnes
- Swelling of the gums
- Abdominal bloating (gastritis)
- Abnormal liver function, inflammation of the liver (hepatitis), yellowing of the skin (jaundice), liver enzyme increase which may have an effect on some medical tests
- Increased muscle tension
- Inflammation of blood vessels, often with skin rash
- Sensitivity to light
- Disorders combining rigidity, tremor, and/or movement disorders

Reporting of side effects

The declaration of suspected side effects after authorization of the medicinal product i important. It allows continuous monitoring of the benefit / risk ratio of drugs.

5. How to store Amlodipine AMEP® Tablets?

- No special storage conditions.
- Keep out of the reach and sight of children
- Do not use this medicine after the expiry date which is stated on the pack
- Medicines should not be disposed of via wastewater or household waste. Ask you pharmacist how to dispose of medicines no longer required. These measures will help to protect environment.

6. Further informations:

What AMEP® Tablets contains ?

For one tablet

	AMEP 10 en mg	AMEP 5 en mg
Active substance :		
Amlodipine besylate	13.90	6.95
Equivalent to amlodipine	10.00	5.00
Excipients: Microcrystalline cellulose, calcium hydrogen phosphate dihydrate, silica colloidal anhydrous, carboxymethyl starch (Type A), magnesium stearate.		

List of Excipients with known effect: Not applicable.

Name and address of Marketing Autorisation Holder in Morocco

COOPER PHARMA

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Notices relating to excipients with known effect

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Very common side effects: may affect more than 1 in 10 people

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- Weight increase or decrease

Rare side effects: may affect up to 1 in 1 000 people

- Confusion

Very rare side effects: may affect up to 1 in 10 000 people

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Very common side effects: may affect more than 1 in 10 people

- Oedema (fluid retention)

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Common side effects: may affect up to 1 in 10 people

- Headache, dizziness, sleepiness (especially at the beginning of treatment)
- Palpitations (awareness of your heart beat), flushing
- Abdominal pain, nausea
- Altered bowel habits, diarrhea, constipation, indigestion
- Tiredness, weakness
- Visual disturbances, double vision
- Muscle cramps
- Ankle swelling

Other side effects that have been reported include the following list. If any of these get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Uncommon side effects: may affect up to 1 in 100 people

- Mood changes, anxiety, depression, sleeplessness
- Trembling, taste abnormalities, fainting
- Numbness or tingling sensation in your limbs, loss of pain sensation
- Ringing in the ears
- Low blood pressure
- Sneezing and running nose caused by inflammation of the lining of the nose (rhiniti
- Cough
- Dry mouth, vomiting (being sick)
- Hair loss, increased sweating, itchy skin, red patches on skin, skin discoloration
- Disorder in passing urine, increased need to urinate at night, increased number of times of passing urine
- Inability to obtain an erection, discomfort or enlargement of the breasts in men
- Pain, feeling unwell
- Joint or muscle pain, back pain
- Weight increase or decrease

Rare side effects: may affect up to 1 in 1 000 people

- Confusion

Very rare side effects: may affect up to 1 in 10 000 people

- Decreased numbers of white blood cells, decrease in blood platelets which may result in unusual bruising or easy bleeding
- Excess sugar in blood (hyperglycaemia)
- A disorder of the nerves which can cause muscular weakness, tingling or numbnes
- Swelling of the gums
- Abdominal bloating (gastritis)
- Abnormal liver function, inflammation of the liver (hepatitis), yellowing of the skin (jaundice), liver enzyme increase which may have an effect on some medical tests
- Increased muscle tension
- Inflammation of blood vessels, often with skin rash
- Sensitivity to light
- Disorders combining rigidity, tremor, and/or movement disorders

Reporting of side effects

The declaration of suspected side effects after authorization of the medicinal product i important. It allows continuous monitoring of the benefit / risk ratio of drugs.

5. How to store Amlodipine AMEP® Tablets?

- No special storage conditions.
- Keep out of the reach and sight of children
- Do not use this medicine after the expiry date which is stated on the pack
- Medicines should not be disposed of via wastewater or household waste. Ask you pharmacist how to dispose of medicines no longer required. These measures will help to protect environment.

6. Further informations:

What AMEP® Tablets contains ?

For one tablet

	AMEP 10 en mg	AMEP 5 en mg
Active substance :		
Amlodipine besylate	13.90	6.95
Equivalent to amlodipine	10.00	5.00
Excipients: Microcrystalline cellulose, calcium hydrogen phosphate dihydrate, silica colloidal anhydrous, carboxymethyl starch (Type A), magnesium stearate.		

List of Excipients with known effect: Not applicable.

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The safety of amlodipine in human pregnancy has not been established. If you think you might be pregnant, or are planning to get pregnant, you must tell your doctor before you take AMEP®.

Breast-feeding:

It has been shown that amlodipine is passing into breast milk in small amounts. If you are breast-feeding or about to start breast-feeding you must tell your doctor before taking AMEP®.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

The possible effects on the ability to drive and use machines

AMEP® may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Notices relating to excipients with known effect

Not applicable.

3. How to take AMEP® tablets?

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended initial dose of AMEP® is de 5 mg once daily. The dose can be increased to 10 mg of AMEP® once daily.

This medicine can be used before or after the consumption of food and drinks. You should take this medicine at the same time each day with a drink of water. Do not take AMEP® with grapefruit juice.

Use by children and adolescents

For children and adolescents (6-17 years old), the recommended usual starting dose is 2.5mg a day. The maximum recommended dose is 5 mg a day. The tablets of AMEP® 2.5 mg are not currently available.

It is important to keep taking the tablets. Do not wait until your tablets are finished before seeing your doctor.

If you take more AMEP® tablets than you should:

Taking too many tablets may cause your blood pressure to become low or even dangerously low. You may feel dizzy, lightheaded, faint or weak. If blood pressure drop is severe enough shock can occur. Your skin could feel cool and clammy and you could lose consciousness. Seek immediate medical attention if you take too many AMEP®.

If you forget to take AMEP® tablets:

Do not worry. If you forget to take a tablet, leave out that dose completely. Take your next dose at the right time. Do not take a double dose to make up for a forgotten dose.

If you stop taking AMEP® tablets:

Your doctor will advise you how long to take this medicine. Your condition may return if you stop using this medicine before you are advised.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. What are the possible side effects?

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Visit your doctor immediately if you experience any of the following side effects after taking this medicine.

- Sudden wheeziness, chest pain, shortness of breath or difficulty in breathing
- Swelling of eyelids, face or lips
- Swelling of the tongue and throat which causes great difficulty breathing
- Severe skin reactions including intense skin rash, hives, reddening of the skin over your whole body, severe itching, blistering, peeling and swelling of the skin, inflammation of mucous membranes (Stevens-Johnson Syndrome, toxic epidermal necrolysis) or other allergic reactions.
- Heart attack, abnormal heart beat.
- Inflamed pancreas which may cause severe abdominal and back pain accompanied with feeling very unwell.

The following very common side effect has been reported. If this causes you problems or if it lasts for more than one week, you should contact your doctor.

Very common side effects: may affect more than 1 in 10 people

- Oedema (fluid retention)

The following common side effects have been reported. If any of these cause you problems or if they last for more than one week, you should contact your doctor.

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This leaflet was last revised in : January 20

Conditions of regulation and delivey

Table A (list I).

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